

Oral Contrast Instructions

Your scan time is scheduled for _____ on _____.

Instructions for CT Oral Contrast:

- Refrigerate both bottles of contrast. If you have crystal light at home, you may add it to the bottles for flavor before you drink them.
- You must have **nothing to eat or drink but water for at least 6 hours** before your test. You may drink water in between the bottles of contrast. This will not affect your test.

The day of your procedure:

1st bottle @ _____ (2 hours prior to procedure)

2nd bottle @ _____ (1 hour prior to procedure)

If you have any questions or need to schedule your exam, please call **(985) 280-5200**.

*Some patients may experience loose stools after drinking the oral contrast.
This is a common side effect.

