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SMH Parenting Center offers Safe Sitter® certification class

(Slidell, La.–May 12, 2010)— [Slidell Memorial Hospital](http://www.slidellmemorial.org) (SMH) Parenting Center will provide two *Safe Sitter*® certification workshops to teach young teens baby-sitting safety, including basic CPR, first aid and injury management and other baby-sitting skills. The program, a two-day certification course, is offered May 25 and 26 and July 6 and 7. Registration is required by calling (985) 649-8529 or by registering online at www.slidellmemorial.org. Space is limited.

The *Safe Sitter*® program is a nationally recognized and medically accurate program that teaches young adolescents how to handle emergencies when caring for younger children. In addition to hands-on practice in basic CPR and first aid, students will learn how to understand children of different ages, how to prevent problem behaviors, playtime activities, infant care and diapering, safety for the sitter and the business of baby-sitting. The program is designed for youth 11 years old and up.

When: 9 a.m.-4 p.m., May 25 & 26 and July 6 & 7

Where: SMH Parenting Center Classroom, 2nd floor, Wellness Pavilion, 501 Robert Blvd.

Fee: \$65 includes *Safe Sitter*® Manual and Completion Card

ABOUT SMH PARENTING CENTER

As part of its mission as a community hospital, Slidell Memorial Hospital staffs a professional Parenting Center as a resource to educate and support parents to raise their children in emotionally healthy ways. With programs to nurture confidence, activities to help parents interact with their children, and experts to provide tools for every stage of a child's development, the SMH Parenting Center provides guidance and knowledge to parents in raising our community's next generation of adults.

ABOUT SMH

Slidell Memorial Hospital is a full-service 182-bed acute care not-for-profit community hospital located at 1001 Gause Blvd., in the heart of Slidell. Founded in 1959, SMH is the third-largest employer in St. Tammany Parish, employing 1,100 full, part-time and pool employees. SMH serves as a primary healthcare resource for families in St. Tammany Parish, La.; Pearl River County, Miss.; and the greater Mississippi Gulf Coast region. SMH has received the **Platinum Level 2009 Louisiana Hospital Quality Award**, presented by eQHealth Solutions, the Medicare Quality Improvement Organization for Louisiana. It is located online at <http://www.slidellmemorial.org>.

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